



CORONAVIRUS (COVID-19)



Training Session Plan

This guide has been established to support teams 'Returning to Training' under Victorian Government COVID-19 restrictions. Bentleigh Cricket Club and teams have an obligation to strictly adhere to these protocols at every training session.

Before the session:

- ✓ Facility COVID-19 Hygiene and Social Distancing signs all up and visible.
- ✓ The 'check-in' / 'check-out' posters are available at all times & used by all training attendees.
- ✓ Any training equipment that will be used have been cleaned before use (e.g. balls, cones, stumps, bowling machines etc).
- ✓ The facility is currently closed (except toilet access). This includes changerooms & social areas. Any areas of the facility that may be touched (toilets, door handles etc) have been cleaned before attendees arrive. Ensure enough bins are available and soap & water for the toilet area
- ✓ Every second net is only used for one on one 'throw downs' or closed for use.
- ✓ Quality sanitiser & wipes are available in easy to find locations.
- ✓ Communicate training groups to players and have designated areas for each group to store their equipment

During the Session:

- ✓ All attendee's 'check-in' and use the hand sanitiser on arrival and re-apply every 30-40 minutes
- ✓ Train in small groups (according to Cricket Victoria stipulations.). **Groups do not mix with other groups at any stage before, during or post session.**
- ✓ All attendees are to refrain from spitting, nasal clearing and shall not use sweat or saliva on the balls
- ✓ Players should be dressed ready to train and no personal playing equipment is to be shared unless it has been wiped/cleaned between each use.
- ✓ Face masks are to be worn at all times by those over 11. All players (any age) are exempt from this requirement whilst batting, bowling and fielding
- ✓ All attendees adhere to facility signage directions and maintain a 1.5m distance to others

After the session:

- ✓ All attendees are to 'sign out' via the attendance register - for contact tracing assistance
- ✓ Designated officials wipe down/spray and store any equipment that has been used (including training balls) and any facility touch points
- ✓ Store any temporary signs and sanitiser Cricket



**Cricket in a
pandemic is a
privilege –
not a right!**

**Get in. Train.
Get Out.**