



CORONAVIRUS (COVID-19)



IMPORTANT!

RETURN TO TRAINING PROTOCOLS

This checklist has been developed to support Bentleigh Cricket Club returning to training under STEP 3 Government COVID-19 restrictions.

**The key principle for training must be 'Get in, Train, Get out'
IF YOU'RE FEELING UNWELL, DO NOT ATTEND.**

- 1 PLAYER ACKNOWLEDGEMENT**
Attendees have signed the Club Player Acknowledgement of COVID guidelines. No commitment means no participation.
- 2 CHECK-IN, CHECK-OUT**
Attendees must check-in and check-out using the Club attendance register.
- 3 BYO WATER BOTTLE**
Strictly no sharing of personal items such as water bottles, food and towels.
- 4 EQUIPMENT SHARING**
Cricket equipment sharing should be kept to a minimum and must be cleaned with alcohol-based sanitizer between each use.
- 5 PHYSICAL DISTANCING**
All participants, coaches, volunteers and parents must observe physical distancing requirements of 1.5m at all times.
- 6 TRAINING GROUPS**
Players must stay in their allotted training group and not intermingle with other groups
- 7 HYGIENE**
 - Nobody attending training shall spit or clear nasal passages
 - No high fives, handshakes, or other physical contact
 - No shining the ball with saliva or sweat.
- 8 KIT BAGS**
All players personal kit bags are to be stored at least 1.5m apart from any other player bags.
- 9 HAND SANITISER + FACE MASKS**
Attendees shall put hand sanitiser on arrival to training and every 30-40 minutes during the session and those over 12 to wear a face mask (except whilst batting, bowling, fielding)
- 10 CHANGEROOM FACILITIES**
Changerooms and wet areas are discouraged for training (i.e. players arrive at venue in training gear and must shower at home), although use of toilets is allowed